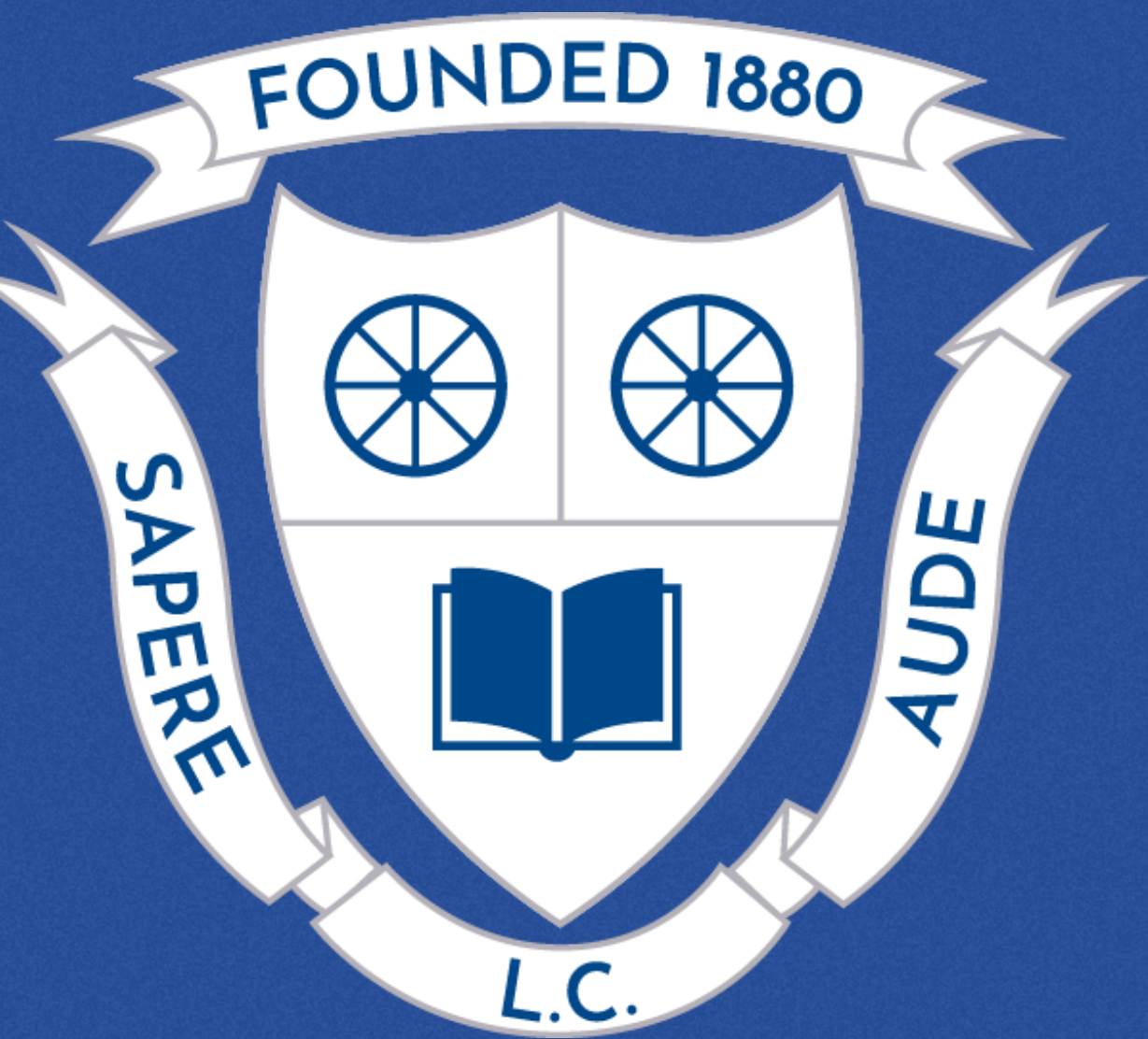




KS3 ASSESSMENT FRAMEWORK:

PHYSICAL EDUCATION

PHYSICAL EDUCATION: Year 7 Assessment Framework

	Cognitive (Head)	Personal Attributes (Heart)	Physical (Hands)
Developing	Demonstrates knowledge of the skills and concepts delivered in the lesson.	Contributes positively to lessons and demonstrates confidence with support.	Demonstrates the basic skills required for the activity with some accuracy.
Approaching	Makes simple decisions in lessons and begins to apply knowledge of skills and concepts.	Communicates ideas and opinions effectively with teachers and peers and demonstrates confidence in limited activities.	Demonstrates the basic skills required for the activity with increasing accuracy and control.
Secure	Makes effective decisions in their lessons and mostly solves problems faced in activities.	Effectively communicates with peers as part of a team and demonstrates confidence in a range of activities.	Meets the fitness demands of the activity and demonstrates the techniques required with control and accuracy.
Extending	Consistently makes effective decisions, analyses their own and others' performance and begins to apply feedback to improve.	Demonstrates resilience when faced with challenging situations and begins to show leadership qualities in familiar contexts.	Maintains performance levels during competitive situations and demonstrates techniques with accuracy and control.

PHYSICAL EDUCATION: Year 8 Assessment Framework

	Cognitive (Head)	Personal Attributes (Heart)	Physical (Hands)
Developing	Provides some feedback on their own and others' performance and can begin to apply this to improve their effectiveness.	Demonstrates resilience in a range of situations and begins to lead other with support.	Has adequate fitness to maintain technical accuracy and demonstrate techniques with some consistency.
Approaching	Makes effective decisions and solves problems with increasing independence using their knowledge of skills and concepts.	Demonstrates resilience in a wider range of situations, works well within a team and leads limited activities independently.	Meets the fitness demands of the activity and demonstrate techniques consistently.
Secure	Provides effective feedback to peers most of the time and acts on feedback received.	Demonstrates leadership qualities required for the activity regularly and communicates effectively with teachers and peers, showing resilience in most situations.	Maintains their performance and fitness levels throughout competitive situations and demonstrate skills accurately and confidently.
Extending	Consistently analyses performance, makes effective decisions, and applies feedback to improve outcomes in a range of situations.	Consistently demonstrates leadership qualities, shows resilience in challenging situations, and positively influences team performance in a wide range of activities.	Adapts and refines techniques effectively in response to changing situations, maintaining high level of fitness throughout the performance.

PHYSICAL EDUCATION: Year 9 Assessment Framework

	Cognitive (Head)	Personal Attributes (Heart)	Physical (Hands)
Developing	Analyses performance, makes effective decisions, and applies feedback to improve outcomes in limited situations.	Demonstrates leadership qualities and shows resilience in most situations. Positively influences team performance.	Adapts and refines techniques effectively in response to changing situations, with support. Demonstrates appropriate levels of fitness for the activity.
Approaching	Demonstrates secure knowledge of skills and concepts, makes effective decisions and applies feedback to improve outcomes in a range of situations.	Communicates effectively, works well within a team, and contributes confidently to lessons in a range of isolated situations.	Consistently meets the fitness demands of the activity while maintaining performance and accuracy under pressure.
Secure	Consistently solves problems independently, gives effective feedback to peers, and responds effectively to feedback in a range of situations.	Demonstrates strong leadership consistently, shows resilience under pressure, and collaborates with others effectively in competitive situations.	Performs skills with accuracy, control and effectiveness across a range of situations, against high level competition and maintaining a high level of fitness throughout.
Extending	Consistently analyses performance at a high level, makes effective decisions under pressure, and independently applies feedback to improve and refine performance across different contexts.	Leads others effectively and demonstrates high levels of resilience in challenging situations. Communicates with clarity and purpose and positively influences team performance consistently.	Exceeds the fitness demands of the activity, sustains high levels of performance and performs skills with a high degree of accuracy, control and effectiveness in complex situations.