

Year 9 Curriculum Map PSHE		
PSHE Vision	PSHE develops confident, compassionate and responsible young people who are prepared for life in modern Britain. Through learning about health and wellbeing, relationships, and life in the wider world, students build the knowledge, character and skills needed to make informed decisions, respect others and thrive in education, employment and adult life. Rooted in our Church of England ethos, we promote integrity, inclusion and the intrinsic value of every individual.	
End Points	Recall - To identify and define key PSHE knowledge, vocabulary and concepts. - To recall accurate information about health, relationships, rights, responsibilities and life in modern Britain. Explain - To explain how personal choices, relationships, social influences and wider societal factors can affect wellbeing, safety and future opportunities. - To provide reasoned explanations when discussing personal, social, ethical, legal and safeguarding issues. Apply - To apply PSHE knowledge and skills confidently to a range of real-life situations involving increasing independence and responsibility. - To demonstrate communication, resilience, critical thinking and decision-making when managing relationships, risks and challenges. Evaluate - To evaluate the influence of individuals, communities, media and technology on attitudes, behaviours and life choices. - To justify opinions using evidence, reasoning, personal reflection and consideration of alternative viewpoints. - To assess risks, consequences and responsibilities in a range of personal, social, legal and digital contexts.	
Key concepts and domains of knowledge in PSHE	Domains of Knowledge Personal Development (identity, resilience, wellbeing and responsible decision-making) Health and Safety (physical health, mental health, risk, sexual health and personal safety) Relationships (communication, empathy, respect, consent and healthy relationships) Citizenship and Community (rights, responsibilities, equality, diversity and social responsibility) Careers and Future Pathways (aspirations, employability, workplace awareness and future planning) Digital Citizenship (online safety, digital identity, media literacy and responsible technology use)	Key Concepts (content) - Identity - Respect - Responsibility - Safety - Resilience - Wellbeing - Relationships - Equality - Community - Aspirations - Decision Making - Digital Citizenship - Mental Wellbeing - Emotional Literacy

Term	Autumn Term	Spring Term	Summer Term
Topics	Health and Wellbeing	Relationships	Living in the wider World
Key concept in each topic	- Wellbeing - Safety - Responsibility - Resilience	- Respect - Empathy - Communication - Consent	- Identity - Aspirations - Responsibility - Digital Citizenship
Domain of Knowledge in each topic	Knowledge about sexual health, mental wellbeing, personal safety and the physical and emotional consequences of risk-taking behaviours.	Knowledge about healthy and unhealthy relationships, peer influence, family life, discrimination and the impact of media and technology on relationships.	Knowledge about future employment, workplace expectations, digital safety, crime prevention and responsible participation in society.

	Understanding of risks relating to sharing sexual images, substance misuse, misogyny, gender stereotypes and unsafe coping strategies. Skills and application for making informed choices, managing mental health, challenging harmful attitudes and seeking support when needed.	Understanding of how social pressures, prejudice and digital technologies can affect attitudes, behaviours and relationships. Skills and application including recognising unhealthy behaviours, resisting negative influences, maintaining respectful relationships and seeking support when needed.	Understanding of how technology, stereotypes, criminal exploitation and online activity can influence opportunities, choices and future outcomes. Skills and application for evaluating information, preparing for employment, managing online risks and making responsible decisions within society.
End point	Students can: - Identify risks associated with sharing sexual images, substance misuse and unsafe behaviours. - Explain the importance of sexual health, contraception and STI prevention. - Describe strategies for maintaining positive mental health and managing difficult emotions - Apply knowledge to make safe, informed and responsible decisions about their health and wellbeing.	Students can: - Identify characteristics of healthy and unhealthy relationships. - Explain how peer pressure, discrimination and media influences can affect behaviour and relationships. - Describe the importance of respect, equality and communication within families and relationships. - Apply strategies to build positive relationships and challenge harmful behaviours.	Students can: - Identify the skills and qualities valued by employers. - Explain how cybercrime, misinformation and organised crime can affect individuals and society. - Describe strategies for staying safe online and reducing risks associated with digital technologies. - Evaluate how current decisions may influence future education, employment and life opportunities.
Knowledge and understanding	Develop Knowledge Students will understand key aspects of sexual health, personal safety, mental wellbeing and the factors that influence health-related decision-making. Understand the Impact Students will explain how behaviours, attitudes and social influences can affect physical health, emotional wellbeing, relationships and future outcomes. Make Connections Students will apply strategies to manage risk, support positive mental health, challenge harmful stereotypes and make informed decisions about their health and wellbeing.	Develop Knowledge Students will understand the characteristics of healthy relationships, the influence of peer pressure, and the role of respect, equality and communication in different types of relationships. Understand the Impact Students will explain how discrimination, media influences, social pressures and emerging technologies can affect relationships, identity and wellbeing. Make Connections Students will apply relationship skills in a variety of contexts, evaluate the impact of different influences on behaviour, and recognise strategies for maintaining safe and respectful relationships.	Develop Knowledge Students will understand the skills, qualities and behaviours needed for future employment, responsible citizenship and safe participation in an increasingly digital world. Understand the Impact Students will explain how workplace stereotypes, cybercrime, criminal exploitation and misinformation can affect individuals, communities and future opportunities. Make Connections Students will evaluate risks and opportunities in both online and offline environments, apply employability skills and make informed decisions about their future pathways.
Assessment	PSHE is assessed formatively throughout the curriculum to evaluate students' developing knowledge, understanding and application of learning. As the subject focuses on personal development, decision-making and preparation for life, assessment is used to inform teaching rather than assign summative grades. Through retrieval practice, questioning, discussion, reflection and self-evaluation, teachers identify students' understanding, address misconceptions and support progression towards the curriculum end points. This approach reflects the principles of statutory RSHE guidance and enables students to apply their learning confidently in a range of real-life contexts, preparing them to become well-rounded, responsible and resilient individuals who are ready to thrive beyond school. Formative assessment takes place through a range of activities including retrieval quizzes; targeted questioning; discussions and reflection activities and exit tickets.		