

Year 11 Curriculum Map PSHE		
PSHE Vision	PSHE develops confident, compassionate and responsible young people who are prepared for life in modern Britain. Through learning about health and wellbeing, relationships, and life in the wider world, students build the knowledge, character and skills needed to make informed decisions, respect others and thrive in education, employment and adult life. Rooted in our Church of England ethos, we promote integrity, inclusion and the intrinsic value of every individual.	
End Points	Recall - To identify, define and accurately use key PSHE knowledge, vocabulary and concepts. - To recall accurate information about health, relationships, rights, responsibilities and life beyond compulsory education. Explain - To explain how personal choices, relationships, health behaviours and societal influences can affect wellbeing, opportunities and future outcomes. - To provide informed explanations when discussing personal, social, ethical, legal and safeguarding issues relevant to adult life. Apply - To apply PSHE knowledge and skills confidently when making decisions about health, relationships, finances, education, employment and future pathways. - To demonstrate resilience, critical thinking, communication and self-management in preparation for Post-16 life. Evaluate - To evaluate the impact of personal choices, social influences, media and technology on individuals, communities and society. - To justify opinions using evidence, reasoning, personal reflection and consideration of different perspectives. - To assess risks, responsibilities and consequences when making decisions in personal, social, legal, financial and digital contexts.	
Key concepts and domains of knowledge in PSHE	Domains of Knowledge Personal Development (identity, resilience, wellbeing and preparation for adulthood) Health and Safety (physical health, mental health, sexual health, addiction, risk and personal safety) Relationships (communication, consent, respect, equality and healthy adult relationships) Citizenship and Community (rights, responsibilities, democracy, inclusion and social responsibility) Careers and Future Pathways (Post-16 choices, employability, financial capability and career planning) Digital Citizenship (online safety, digital identity, media literacy and responsible technology use)	Key Concepts (content) - Identity - Respect - Responsibility - Safety - Resilience - Wellbeing - Relationships - Equality - Community - Aspirations - Decision Making - Digital Citizenship - Mental Wellbeing - Emotional Literacy

Term	Autumn Term	Spring Term	Summer Term
Topics	Living in the Wider World	Health and Wellbeing	Relationships
Key concept in each topic	- Identity - Aspirations - Responsibility - Digital Citizenship	- Wellbeing - Safety - Responsibility - Resilience	- Respect - Empathy - Communication - Consent
Domain of Knowledge in each topic	Knowledge about careers, Post-16 pathways, employability, financial crime, democratic participation and responsible citizenship.	Knowledge about physical and mental health, healthy lifestyles, addiction, fertility and factors that influence long-term wellbeing.	Knowledge about healthy intimate relationships, consent, sexual health, relationship breakdown and safeguarding.

	Understanding of how personal choices, digital behaviours and financial decisions can influence future opportunities and outcomes. Skills and application for planning future pathways, evaluating opportunities, protecting personal information and participating responsibly in society.	Understanding of risks associated with gambling, misinformation, deepfakes, addiction and unhealthy behaviours. Skills and application for maintaining wellbeing, seeking support, managing risk and preparing effectively for future challenges.	Understanding of how power, influence, prejudice and harmful behaviours can affect individuals and relationships. Skills and application including respectful communication, informed decision-making, accessing support and maintaining safe and healthy relationships.
End point	Students can: - Identify suitable Post-16 pathways and future career opportunities. - Explain the importance of employability skills, citizenship and democratic participation. - Describe strategies for protecting personal information and avoiding financial or online exploitation. - Evaluate how current decisions may influence future education, employment and life opportunities.	Students can: - Identify factors that contribute to positive physical and mental wellbeing. - Explain the risks associated with gambling, addiction and digital misinformation. - Describe strategies for maintaining a healthy lifestyle and managing stress effectively. - Apply knowledge to make informed decisions about their health, wellbeing and future aspirations.	Students can: - Identify the characteristics of healthy, respectful and equitable relationships. - Explain the importance of consent, sexual health and personal responsibility. - Describe the impact of harmful attitudes and behaviours on individuals and communities. - Apply strategies for maintaining healthy relationships and accessing support when required
Knowledge and understanding	Develop Knowledge Students will understand the range of Post-16 pathways available to them, the skills and qualities required for employment, and the importance of responsible citizenship in modern society. Understand the Impact Students will explain how educational, financial and digital decisions can affect future opportunities, personal safety and long-term outcomes. Make Connections Students will evaluate future pathways, apply employability skills, recognise financial and online risks, and make informed decisions about their next steps beyond compulsory education.	Develop Knowledge Students will understand factors that contribute to long-term physical and mental wellbeing, including healthy lifestyles, fertility, addiction and personal safety. Understand the Impact Students will explain how behaviours, choices and external influences can affect health, wellbeing, relationships and future outcomes. Make Connections Students will apply strategies for maintaining wellbeing, managing stress, seeking support when needed and making informed decisions about their health and safety.	Develop Knowledge Students will understand the importance of consent, sexual health, respect and equality within intimate relationships, and the factors that contribute to healthy relationship choices. Understand the Impact Students will explain how harmful attitudes, violence, coercion and relationship breakdown can affect individuals, relationships and wider society. Make Connections Students will apply strategies for maintaining healthy relationships, accessing support when needed, making informed choices about sexual health and challenging harmful behaviours.
Assessment	PSHE is assessed formatively throughout the curriculum to evaluate students' developing knowledge, understanding and application of learning. As the subject focuses on personal development, decision-making and preparation for life, assessment is used to inform teaching rather than assign summative grades. Through retrieval practice, questioning, discussion, reflection and self-evaluation, teachers identify students' understanding, address misconceptions and support progression towards the curriculum end points. This approach reflects the principles of statutory RSHE guidance and enables students to apply their learning confidently in a range of real-life contexts, preparing them to become well-rounded, responsible and resilient individuals who are ready to thrive beyond school. Formative assessment takes place through a range of activities including retrieval quizzes; targeted questioning; discussions and reflection activities and exit tickets.		